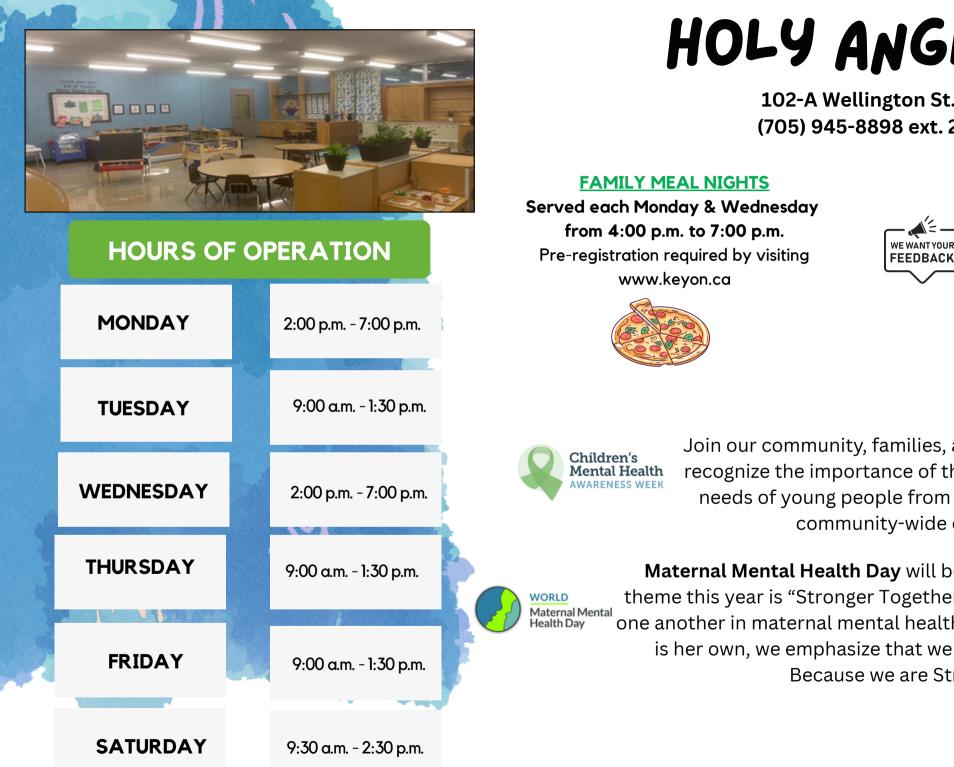
## HOLY ANGELS

## 102-A Wellington St. East (705) 945-8898 ext. 255

**MAY** 2025

SUN	MON	TUES	WED	THURS	FRI	SAT	2025
23				Nusic & Movement	<b>2</b> Texture Painting	3 OPEN	Early ON Child and Family Centre
4	<b>5</b> Mandala Colouring	<b>6</b> Healthy Eating: Fruit Salad	7 Make Your Own Mindfulness Stones	<b>8</b> Mindfulness I Spy Bags	<b>9</b> Special Caregiver	10 OPEN	Centre pour l'enfant et la famille
11	<b>12</b> Creating Texture Art	13 Roller Painting	14 Edible Rainbows	<b>15</b> Let's Explore	Card Making 16 Indoor Hop	17 CLOSED	a.m. & p.m. DAILY ACTIVITIES & CIRCLE TIME NUTRITIONAL SNACK
18	19 Program Closed for Victoria Day	<b>20</b> Mixed Material Collages	21 Make Your Own Spider Snack	Capacity <b>22</b> Catch a Fly in the Spider's Web!	Scotch 23 Bubble Painting	24 OPEN	
25	<b>26</b> Ink Stamping	<b>27</b> Pom Pom Rescue	28 Fruit Kabobs	<b>29</b> Indoor Water Play	<b>30</b> Spring Collage	31 OPEN	OPEN SATURDAYS
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> Do you have thoughts or feedback that you would like to share about our EarlyON programs? We want to hear from you!

Please contact us at the information below: Facebook: "EarlyOn SSM" Email: ssmeyss@childcarealgoma.ca Phone: (705) 945-8898 x 315

Join our community, families, and friends to come together to recognize the importance of the mental health and well-being needs of young people from May 4-10, 2025. Watch for the community-wide calendar of events!

Maternal Mental Health Day will be recognized on May 7, 2025. The theme this year is "Stronger Together". It highlights the need to support one another in maternal mental health, and whilst every woman's journey is her own, we emphasize that we can help and guide each other. Because we are Stronger Together.

