

# How Long Must My Child Self-Isolate?

Child/Student has symptoms of **COVID-19** or has tested positive.

## If Child/Student is:

- 12 years old and fully vaccinated
- 11 years old or younger, regardless of vaccination status.

## Stay home & Self-isolate:

- Must self-isolate for at least **5 days** from the day symptoms started and until symptoms have been improving for **24 hours** (or **48 hours** if nausea/vomiting/diarrhea), whichever is longer.
- Use test date if no symptoms.

## If Child/Student is:

- 12 years or older and partially vaccinated or unvaccinated.
- Immune compromised.

## Stay home & Self-isolate:

- Must self-isolate for **10 days** from the day symptoms started, or longer if symptoms last longer than **10 Days**
- Use test date if no symptoms.

Someone in the household has symptoms of **COVID-19** or has tested positive.

- The child/student must self-isolate for the duration of the household member's isolation period and until their symptoms have been improving for **24 hours** (or **48 hours** if nausea, vomiting, diarrhea), regardless of the child's vaccination status.

## If the household member is:

- 12 years or older and fully vaccinated, OR
- 11 years or younger, regardless of vaccination status.

## Stay home & Self-isolate:

- The child/student must self-isolate for at least **5 days** from the day the household member's symptoms started.
- Use test date if no symptoms.

## If the household member is:

- 12 years or older and is partially vaccinated or unvaccinated.
- Immune compromised.

## Stay home & Self-isolate:

- The child/student must self-isolate for **10 days** from the day the household member's symptoms started.
- Use test date if no symptoms.

Child/Student has been notified as a close contact of someone with **COVID-19** outside of the household, or received a **COVID-19** Alert notification.

## If Child/Student is:

- Fully vaccinated and no symptoms.

## No need to self-isolate:

- Monitor for symptoms for **10 days** and self-isolate immediately if symptoms develop.
- If leaving home, maintain masking, physical distancing and all other public health measures. Do **NOT** visit any highest risk settings or individuals who may be at higher risk of illness (e.g., seniors) for **10 days** from their last exposure.

## If Child/Student is:

- 12 years or older and partially vaccinated or unvaccinated.
- Immune compromised.

**Must stay home and self-isolate for 10 days from their last exposure.**

## If Child/Student is:

- 11 years or younger and partially vaccinated or unvaccinated

**Must stay home and self-isolate for 5 days from their last exposure.**

All household members, including siblings, must self-isolate for the duration of time that the person with symptoms/**COVID-19** positive is isolating.

Symptoms include 1 or more symptom from 1A or 2 or more symptoms from 1B on the screening tool

- If the student/child has one symptom from **1B**, other household members do not have to self-isolate.
- In the context of Omicron, individuals who are previously positive in the last 90 days and not fully vaccinated are not considered equivalent to fully vaccinated.

## If the Child/Student has travelled outside of Canada in the last 14 days:

- The Child/Student must follow federal guidelines for quarantine and testing after returning from international travel.
- If the Child/Student is fully vaccinated they may be exempt from federal quarantine. If the child/student is not fully vaccinated, they are not to attend school/child care for 14 days, even if they traveled with a vaccinated companion.
- Follow [Federal Requirements for Travellers](#).



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