

Family Literacy Day 2017



Family Literacy Day is held annually on January 27, and was created in 1999 by ABC Life Literacy Canada to celebrate parents and children reading and learning together.

This Year, ABC Life literacy is encouraging families to **"Learn at Play Every Day"!**

The Importance of Play

- ❖ Play is important for healthy physical, social, emotional and cognitive development.
- ❖ Play helps children make sense of the world around them.

Benefits of Play

Through play children will...

- ❖ Make choices and solve problems.
- ❖ Learn to act cooperatively and feel empathy.
- ❖ Develop a positive attitude about physical activity.
- ❖ Can be creative and use their imagination.
- ❖ Discover that learning is fun!

Why Play Together as a Family?

- ❖ Play is expanded when adults provide ideas as well as materials to enhance activities.
- ❖ Families have additional opportunities to talk to their children about the things that matter to them, such as sharing family stories.
- ❖ Positive relationships and lifelong memories are created.

Family Activities

ABC Life Literacy Canada encourages families to “Learn at play, every day.” Engaging in literacy activities as a family improves a child’s skills and also helps adults keep their skills sharp.

Here are a few ideas to get your family started!

New Activities for 2017!

Grocery Hunt: Write a grocery list with your child and together find all the items in the store – a fun way to do the grocery shopping!

Play and Tell: While children teach adults a new card game, adults share stories from their own childhood and even play a card game from when they were a young.

Home Restaurant: Spice up mealtime and create a menu by drawing food items or using grocery store flyers – children can take orders too!

Where's that Shape: Have a shapes scavenger hunt by taking turns to find shapes indoors and outdoors.

Game Anyone?: Playing a board game is a fun way to learn together as a family. Try the *Get Winston* game at FamilyLiteracyFirst.ca.

Happy 150: It’s Canada’s 150th birthday this year – that’s a lot of candles! What would you do for your dream birthday party and where you would go? Now parents, your turn to talk about your dream birthday party.

abclifeliteracy.ca

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